



CRUSE BEREAVEMENT CARE
EPSOM EWELL AND MOLE VALLEY BRANCH
ABC TRAINING COURSE 2011 SCHEDULE OF DATES

| Session number | Date | Content |
|----------------|---------------------------------|---|
| Introduction | Monday 4 th July | Introduction to Cruse and course structure |
| 1 and 2 | Sat. 10 th September | Ground rules. Personal loss. Theories of loss and grief. Cruse service model |
| 3 and 4 | Sat 17 th September | Attitudes to death and dying. Death in Society. Maggie's story. Diversity. Relationships. Core Qualities. Listening. |
| 5 and 6 | Sat 24 th September | Grief in families. Loss of parent in adult life. Questioning styles. Supportive process. Paraphrasing etc. Dual process model |
| 7 and 8 | Sat 8 th October | Telephone skills. Assessment. Boundaries. First meeting. Death by suicide |
| 9 | Sat. 15 th October | Review of portfolios. Death of a child. Tonkin's model |
| 11 and 12 | Sat 5 th November | Support of clients and self. Skills work. RTA's & sudden deaths. Tools |
| 12 and 13 | Sat 12 th November | Unusual grief reactions. Anger and Guilt. Depression. Skills practice. Practical issues. Demonstration |
| 14, 15 and 16 | Sat. 19 th November | Difficult endings. Skills practice. Grief models. Supervision |
| Interview | Mon 28 th November | By appointment, for those applying to join Cruse |
| Nuts and Bolts | Monday 9 th Jan 2012 | Practical information for those accepted for Cruse |

Please note: Introductory evening is from 7.30 – 9.30 pm
 Saturdays are from 9.15 – 4 pm