

Books, publications and cassettes for those professionally involved in bereavement

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Bereavement Care Journal		
<p>Bereavement Care Journal An international journal published three times a year and strongly recommended for all bereavement counsellors and other professionals who help the bereaved. Edited by Dr Colin Murray Parkes, Dr Marilyn Relf, Dr Martin Newman, David Trickey and Anne Viney. Published by Cruse Bereavement Care. A4. 20pp. (please email info@cruse.org.uk for overseas rates) Subscription rate covers January – December and includes P&P</p>		<p>£19.00 per year for individual subscribers £39.00 per year for libraries</p>
<p>Best of Bereavement Care Packs of selected articles from previous issues of <i>Bereavement Care</i>. Conveniently grouped by topic and very popular with students and researchers.</p> <ol style="list-style-type: none"> 1. Loss of a baby before or soon after birth. 2. Children and adolescents. 3. Bereavement in schools and residential care 4. Bereavement counselling: theory and practice 5. Counselling bereaved children and families 6. The feelings and needs of bereaved people 7. Loss of a partner 8. Disaster, war and terrorism 9. Suicide 10. Cultural and religious aspects 11. Funerals 12. Traumatic bereavement 	<p>B00020 B00021 B00022 B00023 B00024 B00025 B00026 B00027 B00028 B00037 B00041 B00042</p>	<p>£4.25 £6.80 £6.80 £6.80 £6.80 £6.80 £5.25 £6.80 £4.25 £6.80 £4.25 £6.80</p>
The Cruse approach to working with bereaved people		
<p>Bereavement Care in Practice An essential aim of Bereavement Care in Practice has been to consolidate and disseminate the knowledge (in its widest sense) held by volunteers and staff in Cruse Bereavement Care. 72pp. Pb</p>	<p>B00049</p>	<p>£14.95</p>
Books on Bereavement		
<p>A Grief Observed C S Lewis. Classic account of a widower's grief. The book on which the film <i>Shadowlands</i> was based. 1973. Pb</p>	<p>A00005</p>	<p>£6.99</p>
<p>A Special Scar. The Experiences of People Bereaved Through Loss Alison Wertheimer. Well-informed, helpful and compassionate, drawing on the experiences of a wide range of people and situations. 1991. Pb. 234pp</p>	<p>A00002</p>	<p>£18.99</p>
<p>Bereavement: Studies of Grief in Adult Life. Colin Murray Parkes. Major classic by a leading authority on grief and bereavement. Strongly recommended both for beginners and experienced practitioners. Revised 1996. (3rd edn). Hb. 272p</p>	<p>B00019</p>	<p>£10.99</p>
<p>Continuing Bonds. New Understandings of Grief. D Klass, P Silverman & S Nickman (eds). 22 respected authors in the bereavement field demonstrate that the healthy resolution of grief enables one to maintain a continuing bond with the person who has died. 1996. Pb. 361 pp.</p>	<p>C00077</p>	<p>£27.95</p>
<p>Death and Bereavement Across Cultures Colin Murray Parkes, Pittu Laungani & Bill Young (eds). Covers rites, rituals and mourning traditions for adults and children from the major religious and secular belief systems, including Buddhist, Christian, Hindu, Humanistic, Islamic and Jewish and elaborates on ways of helping dying and bereaved people from different cultures. 1996</p>	<p>D00078</p>	<p>£19.99</p>

Death, Dying and Bereavement Donna Dickenson & Malcolm Johnson (eds). A rich, interdisciplinary book combining academic research with professional and personal recollections. Includes preparing for death, care of dying people and some multi-ethnic approaches. The Course Reader for the OU course Death and Dying. 1993. Pb. 321pp.	D00079	£19.99
Love and Loss: The Roots of Grief and its Complications Colin Murray Parkes. Summary of a lifetime of experience and recent research by a worldwide leader in the field, linking childhood attachment patterns to adult bereavement reactions. An approachable book with important implications for bereavement workers. Also looks at the wider influence of attachment issues in life choices, psychiatric problems and social policy decisions. 2006. Hb. 430pp.	L00182	£34.95
On Death and Dying Elisabeth Kubler-Ross. 1970. A classic for nurses, doctors, clergy and others working with the dying. Pb. 260pp.	O00191	£17.50
Post-trauma Stress Frank Parkinson. A practical book which examines post-trauma stress and outlines methods of psychological debriefing. 1993. Pb. 178pp.	P00208	£10.99
Suffering Love. Coping with the Death of a Child Bill Merrington. A researcher and former hospital chaplain provides a practical guide to the grief of parents and families when a child has died. Also suitable for the bereaved. 1995. Pb. 128pp.	S00247	£7.50
The Lone Twin. Understanding Twin Bereavement and Loss Joan Woodward. A landmark book, the first to deal with survivors' reactions to the death of a twin. The author, a psychotherapist, set up the Lone Twin Network and her jargon-free book contains her own research findings, a theoretical perspective and many case histories. 1998. Pb. 165pp.	T00269	£16.95
Violent Bereavement. Widows in Northern Ireland Karola Dillenburger. A study of women's reactions to the violent death of their husbands and how they coped. 1992. Hb. 153pp.	V00287	£43.50
Counselling		
Counselling by Letter. Guidelines for Good Practice Susan Wallbank. Published by Cruse. A practical booklet on a popular and cost-effective form of counselling. 1994. Pb. 28pp.	C00066	£2.95
Counselling in Terminal Care and Bereavement Colin Murray Parkes, Marilyn Relf & Ann Couldrick. Clearly presented and includes discussion on different coping styles adopted by patients and families before and after bereavement and how to manage these. 1996. Pb. 250pp.	C00068	£19.99
Counselling Supervision. Theory, Skills and Practice Michael Carroll. The author reviews current debates and the British and US literature and presents his linear model of supervision, an analysis of the tasks of supervision and a model for managing the supervisory process. 1996. Pb. 198pp.	C00071	£19.99
Developing Counsellor Supervision Colin Feltham & Windy Dryden. A practical book for supervisors and trainee supervisors, and to help counsellors understand the uses of supervision. 1994. Pb. 156pp.	D00076	£17.99
Gift of Tears Susan Lendrum and Gabrielle Syme. Summarises the best known academic work on loss, grief and mourning, relating it to practical counselling skills. 1992. 204pp. Pb	T00263	£17.99
Grief Counselling and Grief Therapy J W Worden. Essential reading for both trainee and practising counsellors and therapists. Concise but thorough. 2nd edn 1983. Pb. 183pp.	G00108	£17.99
Helping the Client. A Creative Practical Guide John Heron. For anyone engaged in enabling another person to develop personally. Aims to demystify the skills and make them available to all helpers, not just counsellors. Emphasises the importance of liberating helpers from their own personal distress so their attention is free for the client. Pb. 192pp.	H00127	£19.99

Key Issues for Counselling in Action Windy Dryden (eds). A concise and practical book that tackles the key issues which all counsellors, regardless of their theoretical orientation, encounter in the counselling process from its beginning to its termination. 1988. 110pp. Pb	K00156	£16.99
Person-centred Counselling in Action Dave Mearns & Brian Thorne. A practical and comprehensive guide. 1988. Pb. 160pp.	P00206	£17.99
The Red Book of Groups and How to Lead Them Better Gaie Houston. A down-to-earth look at anticipating and coping with situations likely to arise in small groups. Includes some useful exercises. 3rd edn 1990. Pb. 123pp	T00271	£7.50
The Skilled Helper Gerard Egan. Internationally renowned for its successful problem-management approach, this step-by-step guide through the counselling process also gives a feeling for the complexity inherent in any helping relationship. 7th edn 2004. Hb. 377pp.	T00270	£32.00
Standards and Ethics for Counselling in Action Tim Bond. Essential reading for therapists, counsellors, supervisors, trainers and health care workers. It is a book which will help guard the high professional and ethical standards to which responsible workers aspire, and to which clients are entitled to expect. Second edition. 2000. 256pp. Pb	S00253	£18.99
Supervising the Counsellor. A Cyclical Model Steve Page & Val Wosket. Includes the development of supervision, the process of moving from counsellor to supervisor, and a model of counselling supervision in contrast to approaches derived from counselling theory. 1994. Pb. 215pp.	S00244	£18.99
Training and Supervision for Counselling in Action Windy Dryden & Brian Thorne (eds). Clear and accessible, with contributions from leading trainers and supervisors from different counselling traditions. Includes an 'insider's view' of what it feels like to be a trainee and a supervisee. 1991. Pb. 182pp.	T00272	£15.99
Training the Counsellor - An Integrative Model Mary Connor. Focuses on an integrative, 4-stage model for training competent and reflective counsellors, covering the development of attitudes and values; knowledge and skills; client work and supervision; reflection and evaluation. Uses many case examples to illustrate the trainer's role. 1994. Pb. 257pp.	T00273	£17.99
For Families, Care Workers and Others Supporting People with Learning Difficulties		
Am I Allowed To Cry: A Study of Bereavement amongst People who have Learning Difficulties The grief of those with learning difficulties is often misunderstood or ignored. Maureen Oswin's classic text describes her research on this topic and sets out guidelines for training and services. 1991. 160pp. Pb.	A00007	£8.99
Loss and Learning Disabilities Noelle Blackman. A compassionate new book describing, through their own stories, the ways losses and bereavement impact on the lives of people with learning disabilities. It includes suggestions for minimising the damage and interventions that can help when grief becomes complicated. Invaluable for anyone in a supporting or caring role. 2003. 180pp. Pb.	L00179	£17.99