



**CRUSE BEREAVEMENT CARE
Richmond Upon Thames Branch**

**TRAINING SCHEDULE 2008
St Winifrede's Church Hall, Leybourne Park, Kew, Surrey**

Registration 9.30 a.m.

Time	Topic and Presenter	Date
Half day 10.00-13.00	<p><u>Caring for Yourself and Your Clients</u> Michelle Kay – Qualified Physical Therapist</p> <p>Michelle has a background in healthcare, stress management and complementary health. This session will look to recognising symptoms of stress in ourselves and others; acquiring simple tools/techniques to achieve balance, including relaxation techniques.</p> <p>Cost to CRUSE members from other Branches: £14.00 Cost to non-CRUSE members: £28.00</p>	16th Feb 2008
Half day 10.00-13.00	<p><u>Working with Trauma</u> Anne Pearse – Counsellor in Private Practice with a particular interest in trauma and multi-cultural counselling</p> <p>This session will look at the response to a critical incident and best practice in response and treatment of trauma with reference to the impact that NICE guidelines have made on our practice.</p> <p>Cost to CRUSE members from other Branches: £14.00 Cost to non-CRUSE members: £28.00</p>	17th May 2008
13.30-15.00	Annual General Meeting of Branch – further details to follow.	
Full day 10.00-16.00	<p><u>Children and Loss – Fostering Resilience in Bereaved Children</u> Andy Usher – Counsellor/ Therapist; Trainer and Former Head of Counselling for The Bereavement Service.</p> <p>From Andy's experience and research he will present ways of understanding child bereavement processes in a family context and what the evidence suggests about different interventions.</p> <p>Cost to CRUSE members from other Branches: £22.00 Cost to non-CRUSE members: £44.00</p>	20th Sept 2008
Half day 10.00-13.00	<p><u>WAY – The charity for the Widowed and Young</u></p> <p>It is anticipated that local and/or national representatives/members of WAY will join us to introduce and talk about WAY and the important work that they do with those who have been bereaved whilst young. In particular WAY wish to enhance the communication between their organisation and CRUSE.</p> <p>Cost to CRUSE members from other Branches: £14.00 Cost to non-CRUSE members: £28.00</p>	15th Nov 2008

For further information or for reservations contact CRUSE (Richmond upon Thames Branch) Tel: 020 8876 0417